IN THE CLAIMS

1. (Currently amended) A non-chewable pharmaceutical or dietary composition consisting of (a) one or more vitamins, (b) one or more minerals selected from the group consisting of Iron, Zinc and Magnesium, (c) one or more trace elements selected from the group consisting of Chromium, Copper, Iodine, Molybdenum and Selenium, (d) docosahexaenoic acid (DHA), and (e) a pharmaceutically or dietetically suitable carrier.

2. (Original) A pharmaceutical or dietary composition according to claim 1, wherein one or more vitamins is selected from the group consisting of β-carotene, Vitamin B_1, Vitamin B_2, Vitamin B_6, Vitamin B_{12}, Vitamin C, Vitamin D_3, Vitamin E, Folic Acid, Biotin and Niacinamide.

3-4. (Canceled)

5. (Previously presented) A pharmaceutical or dietary composition according to claim 1, wherein the weight ratio of docosahexaenoic acid to at least one of the vitamins selected from Vitamin D_3 and Biotin is from about 500:1 to about 100,000:1

6. (Original) A pharmaceutical or dietary composition according to claim 2, wherein the weight ratio of folic acid to Vitamin B_6 is from about 1:1 to about 1:8.

7. (Previously presented) A pharmaceutical or dietary composition according to claim 1, wherein the weight ratio of docosahexaenoic acid to at least one trace element selected from Chromium, Copper, Iodine Molybdenum and Selenium is from about 500:1 to about 20,000:1.

8. (Previously presented) A pharmaceutical or dietary composition according to claim 1, wherein the weight ratio of Iron to Magnesium is from about 10:1 to about 1:2.

9. (Original) A pharmaceutical or dietary composition according to claim 1 which is in the form of a capsule, tablet, bead or lozenge.

10. (Currently amended) A non-chewable solid dosage form pharmaceutical or dietary composition consisting of

(a) a multi-vitamin mixture consisting of β-carotene, Vitamin B_1, Vitamin B_2, Vitamin B_6, Vitamin B_{12}, Vitamin C, Vitamin D_3, Vitamin E, Folic Acid, Biotin and Niacinamide;

(b) a mineral mixture consisting of Iron, Zinc and Magnesium ;

(c) a mixture of trace elements consisting of Chromium, Copper, Iodine, Molybdenum and Selenium;

(d) docosahexaenoic acid; and

(e) a pharmaceutically or dietetically suitable carrier.

11. (Currently amended) A pharmaceutical or dietary composition according to claim 10, wherein the weight of the active ingredients (a) to (d) is in unit dosage form ~~is~~ from about 150 to about 700 mg.

12. (Previously presented) A pharmaceutical or dietary composition according to claim 10 consisting of

(a) from about 100 to about 160 mg of a multi-vitamin mixture consisting of β-carotene, Vitamin B_1, Vitamin B_2, Vitamin B_6, Vitamin B_{12}, Vitamin C, Vitamin D_3, Vitamin E, Folic Acid, Biotin and Niacinamide;

(b) from about 60 to about 120 mg of a mineral mixture consisting of Iron, Zinc and Magnesium;

(c) from about 100 to about 5000 μg of a mixture of trace elements consisting of Chromium, Copper, Iodine, Selenium and Molybdenum;

(d) from about 100 to about 200 mg of docosahexaenoic acid; and

(e) a pharmaceutically or dietetically suitable carrier.

13. (Previously presented) A pharmaceutical or dietary composition according to claim 10 consisting of

(a) a multi-vitamin mixture consisting of 1.5 to 3.5 mg of β-carotene, 1.0 to 1.8 of mg Vitamin B_1, 1.0 to 1.8 mg of Vitamin B_2, 1.5 to 2.5 mg of Vitamin B_6, 1.0 to 5.0 μg of Vitamin B_{12}, 60 to 150 mg of Vitamin C, 2.0 to 200 μg of Vitamin D_3, 15 to 30 mg of Vitamin E, 200 to 1000 μg of Folic Acid, 10 to 100 μg of Biotin and 10 to 40 mg of Niacinamide;

(b) a mineral mixture consisting of 10 to 50 mg of Iron, 5 to 20 mg of Zinc and 1 to 100 mg of Magnesium;

(b) a mineral mixture consisting of 10 to 50 μg of Chromium, 0.5 to 1.5 mg of Copper, 50 to 500 μg of Iodine, 10 to 100 μg of Molybdenum and 10 to 100 μg of Selenium;

(d) 100 to 200 mg of docosahexaenoic acid; and

(e) a pharmaceutically or dietetically suitable carrier.

14. (Original) A pharmaceutical or dietary composition according to claim 10 which is in the form of an oblong gelatine capsule having the following dimensions:

diameter: 7 to 11 mm; and

length: 21 to 26 mm.

15. (Original) A method of supplementing the dietary needs of a pregnant woman, a lactating woman or a woman of childbearing potential who is attempting to become pregnant, said method comprising administering to the woman in need thereof, a dietary supplementing effective amount of a pharmaceutical or dietary composition according to claim 1.

16. (Original) A method of supplementing the dietary needs of a pregnant woman, a lactating woman or a woman of childbearing potential who is attempting to become pregnant, said method

comprising administering to the woman in need thereof, a dietary supplementing effective amount of a pharmaceutical or dietary composition according to claim 10.

17. (Original) A method of supplementing the dietary needs of a pregnant woman, a lactating woman or a woman of childbearing potential who is attempting to become pregnant, said method comprising administering to the woman in need thereof, a dietary supplementing effective amount of a pharmaceutical or dietary composition according to claim 11.

18. (Original) A method of supplementing the dietary needs of a pregnant woman, a lactating woman or a woman of childbearing potential who is attempting to become pregnant, said method comprising administering to the woman in need thereof, a dietary supplementing effective amount of a pharmaceutical or dietary composition according to claim 12.

19. (Original) A method of supplementing the dietary needs of a pregnant woman, a lactating woman or a woman of childbearing potential who is attempting to become pregnant, said method comprising administering to the woman in need thereof, a dietary supplementing effective amount of a pharmaceutical or dietary composition according to claim 13.

20. (Original) A method of supplementing the dietary needs of a pregnant woman, a lactating woman or a woman of childbearing potential who is attempting to become pregnant, said method comprising administering to the woman in need thereof, a dietary supplementing effective amount of a pharmaceutical or dietary composition according to claim 14.